

CRU INSTITUTE TRAINING FOR FACULTY

PEER MEDIATION, ANTI-BULLYING, CULTURAL AWARENESS

Teaching Understanding, Acceptance, and Respect

Location

Seattle Area

Middle/High School (8:30-3:30)

July 18 and 19, 2019

The mission of CRU Institute is to teach young people effective, peaceful ways to resolve conflict and to develop understanding, respect, and the ability to cooperate with others in a multicultural world.

* **Attend CRU Institute's**

Faculty Training in Seattle

Learn how to mediate disputes and how to setup a Student Conflict Mediation Program your school.

* **We Can Come To You:**

Our trainers are available to train faculty, students, and parents in your set area. We contract with Districts and at Schools. **Call for more information.**

Training Outline

Part One

Ways to Deal with Conflict

The Ball Game

What is a Mediator/Conflict Manager

Listening Skills

Space Invader

Active Listening

Restating Exercise

Student Committee

"I" Messages

Understanding Others' Point of View

Cultural Diversity and Conflict

Part Two

Feelings

Looking for Feelings

Listening for Feelings

Thoughts v. Feelings

Feelings and the Mediation Process

Setting up a Student Mediation Program

How to Supervise Student Role Plays

Part Three

Mediation Techniques

Define the Problem

Enforce the Rules

Balance the Power

The Contract

Mediation Techniques

Dig for Underlying Information

Stay on the Subject

Avoid "Dirty Laundry"

Separate Interests from Positions

Agree on a Fair Standard

Part Four

Stop Action Role Play: Review Technique

Mediation Techniques

Teach Disputants "I" Messages/Restating

"What Will Happen if..?"

Brainstorming

Dealing with Difficult Situations

Being Your Own Mediator

ABOUT CRU INSTITUTE.....

Experience in mediation and training make CRU Institute a unique organization. Since 1987, our trainers have conducted Student Mediation Training at hundreds of schools. Today, most of these schools train their own students and continue the student mediation program.

Nancy Kaplan, MSW, CRU Institute Executive Director developed the Conflict Manager and Peer Mediation Programs and the associated training materials. Nancy Kaplan has been a therapist and a mediator for over twenty years. She is a former board member of the Academy of Family Mediators. Her interest in children (she is the mother of eight) makes her a unique person to teach your students the mediation process.

Deanna Morris, MSW, CRU Institute Lead Trainer, has trained and been an administrator with CRU since 1992. Deanna brings youthful exuberance as well as skill to our training. She has worked with children in residential care and used mediation skills to help these young people resolve conflict. Her experience also includes foster care and adoption work with families and children, and adolescent therapy in lock down facilities

Jelani Quinn, CRU Institute Lead Trainer, has been a mediator since age sixteen when he was trained by CRU to be a peer mediator at his high school. He has continued to be a trainer and administrator for CRU. Jelani has a BA degree from University of Washington. He credits his experience with CRU for his interest in psychology and business: his double major. Jelani's youth gives him an advantage when working with young people. His experience as a high school peer mediator is immeasurable for both youth and adults who wish to learn about peer mediation.

SECONDARY (TWO DAY):

\$265 PER PERSON includes two day training for one person and handout packet

\$660 ONE PERSON plus Complete Training Curriculum: Includes Manuals, DVD's, and training aids.

\$880 TWO PEOPLE plus Complete Training Curriculum: includes Manuals, DVD's, and training aids.

*****ADD \$25 PER PERSON WHEN REGISTERING LESS THAN TWO WEEKS PRIOR TO THE TRAINING**

- ◆ **ONE CONTINUING EDUCATION CREDIT** through Seattle University. (SECONDARY TRAINING ONLY)
Additional \$40 payment to Seattle University required. Information will be provided on the day of training.
- ◆ **CLOCK HOUR CREDITS** available through Seattle University. Secondary 10 clock hours.

REGISTER TODAY: SPACE IS LIMITED!

PLEASE ENROLL ME IN CRU INSTITUTE'S FACULTY TRAINING (CHECK APPROPRIATE BOX(ES))

Location

Middle/High School (9:00-3:30)

Seattle Area

July 18 and 19, 2019

Name _____ Position _____

School _____ Phone (____) _____ Fax (____) _____

Street _____ City _____

State _____ Zip _____ Email _____

*****ADD \$25 PER PERSON WHEN REGISTERING LESS THAN TWO WEEKS PRIOR TO TRAINING**

Total Amount: \$ _____ Purchase Order # _____

Visa MasterCard _____ Exp. Date _____

Cardholder Signature _____

Return To:

CRU INSTITUTE

PO Box 1162

Freeland, WA 98249

1-800-922-1988 ♦ fax: (425) 867-0491

nancy@cruinstitute.org ♦ www.cruinstitute.org

CRU Institute Offers:

Comprehensive Training Materials

Manuals • Videos • Teacher's Guides

- Whole-School Conflict Mediation Training

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Student Mediation Programs Work!

- Help Stop Violence, Harassment, & Bullying
- Teach Conflict Resolution Skills
- Increase Cultural Awareness
- Build Students' Self Esteem
- Develop Anger Management Skills

VISIT our Website: www.cruinstitute.org,

email: nancy@cruinstitute.org or CALL: 800-922-1988