

# CRU INSTITUTE TRAINING FOR FACULTY

## PEER MEDIATION, ANTI-BULLYING, CULTURAL AWARENESS

### Teaching Understanding, Acceptance, and Respect

Location

Seattle Area

Middle/High School (8:30-3:30)

October 28, 29, 30, 2019

The mission of CRU Institute is to teach young people effective, peaceful ways to resolve conflict. To develop understanding, respect, and the ability to cooperate with others in a multicultural world.

**Attend CRU Institute's \*  
Faculty Training in Seattle**

Learn how to mediate disputes and how to setup a Student Conflict Mediation Program your school.

**:We Can Come To You \***

Our trainers are available to train faculty, students, and parents in your set area. We contract with Districts and at Schools. Call for more information.

Training Outline	
<p><b><u>Part One</u></b>            Ways to Deal with Conflict            The Ball Game            What is a Mediator/Conflict Manager            Listening Skills            Space Invader            Active Listening            Restating Exercise            Student Committee            "I" Messages            Understanding Others' Point of View            Cultural Diversity and Conflict</p>	<p><b><u>Part Three</u></b>            Mediation Techniques            Define the Problem            Enforce the Rules            Balance the Power            The Contract            Mediation Techniques            Dig for Underlying Information            Stay on the Subject            Avoid "Dirty Laundry"            Separate Interests from Positions            Agree on a Fair Standard</p>
<p><b><u>Part Two</u></b>            Feelings            Looking for Feelings            Listening for Feelings            Thoughts v. Feelings            Feelings and the Mediation Process            Setting up a Student Mediation Program            How to Supervise Student Role Plays</p>	<p><b><u>Part Four</u></b>            Stop Action Role Play: Review Technique            Mediation Techniques            Teach Disputants "I" Messages/Restating            "What Will Happen if..?"            Brainstorming            Dealing with Difficult Situations            Being Your Own Mediator</p>

## ABOUT CRU INSTITUTE.....

**Experience in mediation and training** make CRU Institute a unique organization. Since 1987, our trainers have conducted Student Mediation Training at hundreds of schools. Today, most of these schools train their own students and continue the student mediation program.

**Nancy Kaplan, MSW**, CRU Institute Executive Director developed the Conflict Manager and Peer Mediation Programs and the associated training materials. Nancy Kaplan has been a therapist and a mediator for over twenty years. She is a former board member of the Academy of Family Mediators. Her interest in children (she is the mother of eight) makes her a unique person to teach your students the mediation process.

**Deanna Morris, MSW**, CRU Institute Lead Trainer has trained and been an administrator with CRU since 1992. Deanna brings youthful exuberance as well as skill to our training. She has worked with children in residential care and used mediation skills to help these young people resolve conflict. Her experience also includes foster care and adoption work with families and children, and adolescent therapy in lock down facilities

**Jelani Quinn**, CRU Institute Lead Trainer has been a mediator since age sixteen when he was trained by CRU to be a peer mediator at his high school. He has continued to be a trainer and administrator for CRU. Jelani has a BA degree from University of Washington. He credits his experience with CRU for his interest in psychology and business: his double major. Jelani's youth gives him an advantage when working with young people. His experience as a high school peer mediator is immeasurable for both youth and adults who wish to learn about peer mediation.

**SECONDARY (TWO DAY):**

\$265 PER PERSON includes two day training for one person and handout packet

\$660 ONE PERSON plus Complete Training Curriculum: Includes Manuals, DVD's, and training aids.

\$880 TWO PEOPLE plus Complete Training Curriculum: includes Manuals, DVD's, and training aids.

**\*\*\*ADD \$25 PER PERSON WHEN REGISTERING LESS THAN TWO WEEKS PRIOR TO THE TRAINING**

- ☒ ONE CONTINUING EDUCATION CREDIT through Seattle University. (SECONDARY TRAINING ONLY)  
Additional \$40 payment to Seattle University required. Information will be provided on the day of training.
- ☒ CLOCK HOUR CREDITS available through Seattle University. Secondary 10 clock hours.

**REGISTER TODAY: SPACE IS LIMITED!**

☒ **PLEASE ENROLL ME IN CRU INSTITUTE'S FACULTY TRAINING** (CHECK APPROPRIATE BOX (ES))

Location Middle/High School (9:00-3:30)  
 Seattle Area October 28, 29, 30, 2019

Name \_\_\_\_\_ Position \_\_\_\_\_  
 School \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Email \_\_\_\_\_

**\*\*\*ADD \$25 PER PERSON WHEN REGISTERING LESS THAN TWO WEEKS PRIOR TO TRAINING**

Total Amount: \$ \_\_\_\_\_ Purchase Order # \_\_\_\_\_

☒ Visa ☒ MasterCard \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

**Return To:** **CRU INSTITUTE**  
PO Box 1162  
Freeland, WA 98249  
1-800-922-1988 ☒ Fax: (425) 867-0491  
nancy@cruinstitute.org ☒ www.cruinstitute.org

**CRU Institute Offers:**

**Comprehensive Training Materials**  
Manuals ∑ Videos ∑ Teacher's Guides

∑ Whole-School Conflict Mediation Training  
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**Student Mediation Programs Work!**

- ∑ Help Stop Violence, Harassment, & Bullying
- ∑ Teach Conflict Resolution Skills ∑ Build Students' Self Esteem
- ∑ Increase Cultural Awareness ∑ Develop Anger Management Skills

**VISIT our Website: [www.cruinstitute.org](http://www.cruinstitute.org),**  
**email: [nancy@cruinstitute.org](mailto:nancy@cruinstitute.org) ☒ CALL: 800-922-1988**